

LAKEWOOD PARK CHURCH

LENTEN DEVOTIONAL



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How to Use This Devotional

This guide is designed to help you intentionally grow as a disciple of Jesus over the next six weeks. Each week corresponds with our Sunday sermon and focuses on one powerful question Jesus asked. The idea is to get started and stay consistent. Each week will also ask about the Lenten practices of Serving and fasting (prayer is already built in).

Each week includes:

- A theme and key Scripture
- A weekly focus statement
- Five daily Scripture readings
- Reflection questions
- Prayer prompts
- Space to practice SOAP Bible study

How to Practice SOAP

SOAP is a simple and powerful way to engage Scripture personally.

- S — Scripture
Write out the key verse or passage that stands out to you.
- O — Observation
What do you notice? What is happening in the text? What does this reveal about God, people, or yourself?
- A — Application
How is God asking you to respond? What needs to change, begin, or deepen in your life?
- P — Prayer
Write a personal prayer based on what God has shown you.

Take your time. Write honestly. The goal is not perfection but transformation.

Discipleship begins with surrender.

WEEK 1 – What Are You Seeking?

Key Text: John 1:35–39

Weekly Focus

Discipleship begins with honesty about what we truly want from Jesus.

Service: (How will you serve a neighbor this week?)

Fasting: (What will you be fasting this week? What day(s) or time(s) will you fast?)

Day 1:

Read: John 1:35–39

Reflection: What am I honestly seeking from Jesus right now?

Prayer: Lord, reveal the true desires of my heart.

SOAP Notes:

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Day 2

Read: Psalm 27

Reflection: What does it mean to seek God's presence above all else?

Prayer: Teach me to desire You more than Your gifts.

SOAP Notes:

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WEEK 1 — What Are You Seeking? (Cont.)

Day 3:

Read: Matthew 6:25-34

Reflection: What would it look like to prioritize the Kingdom first this week?

Prayer: Reorder my priorities around Your will.

SOAP Notes:

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Day 4:

Read: Philippians 3:7-10

Reflection: What might I need to count as loss to gain Christ?

Prayer: Help me treasure knowing You above everything else.

SOAP Notes:

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Day 5:

Read: Jeremiah 29:10-14

Reflection: What does wholehearted seeking require from me?

Prayer: Give me a heart that seeks You fully.

SOAP Notes:

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WEEK 2 — Why Are You Afraid?

Key Text: Matthew 14:22-33

Weekly Focus

Fear often keeps us from stepping fully into obedience.

Service: (How will you serve a neighbor this week?)

Fasting: (What will you be fasting this week? What day(s) or time(s) will you fast?)

Day 1:

Read: Matthew 14:22-33

Reflection: Where is fear limiting my obedience?

Prayer: Strengthen my faith when fear rises.

SOAP Notes:

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Day 2:

Read: Isaiah 41:1-10

Reflection: What promises of God combat my fear?

Prayer: Remind me that You are with me.

SOAP Notes:

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WEEK 2 — Why Are You Afraid? (cont.)

Day 3:

Read: Psalm 56

Reflection: What does choosing trust look like today?

Prayer: When I am afraid, help me trust in You.

SOAP Notes:

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Day 4:

Read: 2 Timothy 1

Reflection: How has God equipped me for courage?

Prayer: Fill me with power, love, and self-discipline.

SOAP Notes:

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Day 5:

Read: Hebrews 12:1-2

Reflection: What step of faith is Jesus inviting me to take?

Prayer: Fix my eyes on You, Lord.

SOAP Notes:

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WEEK 3 — Do You Want to Get Well?

Key Text: John 5:1-15

Weekly Focus

Jesus invites us to move beyond excuses and into transformation.

Service: (How will you serve a neighbor this week?)

Fasting: (What will you be fasting this week? What day(s) or time(s) will you fast?)

Day 1:

Read: John 5:1-15

Reflection: Where have I grown comfortable in brokenness?

Prayer: Give me courage to desire real change.

SOAP Notes:

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Day 2:

Read: Psalm 51

Reflection: What needs repentance in my life?

Prayer: Create in me a clean heart, O God.

SOAP Notes:

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WEEK 3 – Do You Want to Get Well? (cont.)

Day 3:

Read: Ezekiel 36:22-32

Reflection: What does a new heart look like in daily life?

Prayer: Renew and soften my heart.

SOAP Notes:

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Day 4:

Read: Romans 6:1-14

Reflection: What does it mean to live free from sin?

Prayer: Help me walk in newness of life.

SOAP Notes:

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Day 5:

Read: 2 Corinthians 5:11-21

Reflection: How am I living as a new creation?

Prayer: Remind me of my identity in Christ.

SOAP Notes:

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WEEK 4 — Who Do You Say I Am?

Key Text: Matthew 16:13–25

Weekly Focus

Our understanding of Jesus determines our willingness to follow Him.

Service: (How will you serve a neighbor this week?)

Fasting: (What will you be fasting this week? What day(s) or time(s) will you fast?)

Day 1:

Read: Matthew 16:13–25

Reflection: Who is Jesus to me personally?

Prayer: Deepen my understanding of who You are.

SOAP Notes:

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Day 2:

Read: Colossians 1:15–20

Reflection: What does it mean that Jesus is Lord of all?

Prayer: Help me surrender to Your authority.

SOAP Notes:

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WEEK 4 — Who Do You Say I Am? (cont.)

Day 3:

Read: Luke 9:23

Reflection: What cross am I being asked to carry?

Prayer: Teach me daily surrender.

SOAP Notes:

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Day 4:

Read: Romans 12:1-2

Reflection: What areas of my life need transformation?

Prayer: Make my life a living sacrifice.

SOAP Notes:

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Day 5:

Read: Galatians 2:13-21

Reflection: What does it mean that Christ lives in me?

Prayer: Jesus, live your life through me.

SOAP Notes:

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WEEK 5 — Do You Love Me?

Key Text: John 21:15-19

Weekly Focus

Love for Jesus leads to serving others.

Service: (How will you serve a neighbor this week?)

Fasting: (What will you be fasting this week? What day(s) or time(s) will you fast?)

Day 1:

Read: John 21:15-19

Reflection: How do I express my love for Jesus?

Prayer: Restore and strengthen my love for You.

SOAP Notes:

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Day 2:

Read: 1 John 4:7-21

Reflection: How is God calling me to love others?

Prayer: Fill me with Your love.

SOAP Notes:

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WEEK 5 — Do You Love Me? (cont.)

Day 3:

Read: John 13:31-35

Reflection: What would radical love look like this week?

Prayer: Help me love as You love.

SOAP Notes:

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Day 4:

Read: Matthew 25:31-40

Reflection: Who around me needs care and attention?

Prayer: Open my eyes to serve.

SOAP Notes:

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Day 5:

Read: Romans 12:9-13

Reflection: What practical acts of love can I offer?

Prayer: Make my faith active through love.

SOAP Notes:

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P:

WEEK 6 – Why Do You Call Me Lord and Not Obey?

Key Text: Luke 6:46–49

Weekly Focus

Discipleship means hearing and doing.

Service: (How will you serve a neighbor this week?)

Fasting: (What will you be fasting this week? What day(s) or time(s) will you fast?)

Day 1:

Read: Luke 6:46–49

Reflection: Where is God asking for obedience right now?

Prayer: Help me build my life on the Rock.

SOAP Notes:

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Day 2:

Read: James 1:22–25

Reflection: Am I a hearer only or a doer of the Word?

Prayer: Make me obedient to Your truth.

SOAP Notes:

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WEEK 6 — Why Do You Call Me Lord and Not Obey? (cont.)

Day 3:

Read: Matthew 7:21–27

Reflection: What foundation am I building on?

Prayer: Strengthen my spiritual foundation.

SOAP Notes:

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Day 4:

Read: Joshua 24

Reflection: What daily choices shape my discipleship?

Prayer: I choose to serve You.

SOAP Notes:

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Day 5:

Read: John 15:1–8

Reflection: What does abiding in Christ look like in practice?

Prayer: Keep me connected to You.

SOAP Notes:

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P:

Final Commitment Prayer

Lord Jesus, I lay down my way.

I take up my cross.

I choose to follow You.

Shape my heart, renew my mind, and make me a faithful disciple.

Amen.

Scriptural Call:

"Come, follow me," Jesus said. And they left everything and followed Him.

